

SHERWOOD ASSISTED LIVING JANUARY ACTIVITY CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>HAPPY NEW YEAR!</p>	<p>1 2:00 Exercise Balloon 2:45 Snacks & Resolutions</p>	<p>2 10:00 Full Body Fitness 10:45 Overhead Games 1:30 Yarn & Stitch 3:00 Uno/Dice</p>	<p>3 10:00 Exercise Balloon 10:45 Wild Ones Documentary 2:00 Watercolor w/Dani</p>	<p>4 10:00 Full Body Fitness 10:30 Eagle Intl Ministries 2:00 The Loves 3:30 Scrabble</p>	<p>5 10:00 Exercise Balloon 10:30 Overhead Games 2:00 Men's Club 3:30 WA Old Time Fiddlers</p>	<p>6 10:00 Full Body Fitness 10:45 Yarn & Stitch 1:30 Room Visits 2:00 Movie: Somewhere In Time</p>
	<p>7 10:00 Exercise Balloon 10:45 Scrabble 2:00 Snacks & Trivia 3:00 Dungeness Valley Lutheran</p>	<p>8 10:00 Exercise Balloon 10:45 Overhead Games 1:00 Shelby Visits 3:00 The Secords</p>	<p>9 10:00 Full Body Fitness 10:45 Overhead Games 1:00 Second Chance Store 1:30 Yarn & Stitch 3:00 Laff Pack</p>	<p>10 10:00 Exercise Balloon 12:00 Lunch: Oak Table 2:30 Walks & Tea 3:00 Wild Ones Documentary</p>	<p>11 10:00 Full Body Fitness 10:45 Bingo 1:00 Second Chance Store 1:30 Scrabble 3:00 Old Side Kicks</p>	<p>12 10:00 Exercise Balloon 10:45 Overhead Games 1:30 Walks & Tea 3:30 Sound Dogs</p>
<p>14 10:00 Exercise Balloon 10:45 Scrabble 2:00 Snacks & Trivia 3:00 Assembly of God</p>	<p>15 10:00 Exercise Balloon 1:00 Shelby Visits 1:45 Senior Moments 3:00 Resident Donations</p>	<p>16 10:00 Full Body Fitness 10:45 Overhead Games 1:00 2nd Chance Store 1:30 Scrabble 3:00 The Messengers</p>	<p>17 10:00 Exercise Balloon 10:45 Wild Ones Documentary 2:00 Walmart</p>	<p>18 10:00 Full Body Fitness 10:45 Birthday Bingo 1:00 Second Chance Store 2:00 Walks 3:00 Silver & Gold Birthday Party</p>	<p>19 10:00 Spin-In (K) 10:00 Exercise Balloon 10:30 2 Sweet Violins 2:00 Men's Club 2:30 Senior Singers</p>	<p>20 10:00 Full Body Fitness 10:45 Yarn & Stitch 2:00 Movie: Walt Before 5146Disney 3:00 7th Day Adventist</p>
<p>21 10:00 Exercise Balloon 10:45 Scrabble 1:30 Project Linus 2:00 Bible Study</p>	<p>22 10:00 Exercise Balloon 10:45 Overhead Games 1:00 Shelby Visits 2:00 Show N' Tell</p>	<p>23 10:00 Paint w/ Carrie 1:00 Second Chance Store 2:00 Full Body Fitness 3:00 Yarn & Stitch</p>	<p>24 10:00 Exercise Balloon 10:45 Resident Council 2:00 Scenic Drive</p>	<p>25 10:00 Full Body Fitness 10:24 Bingo 2:00 Walks & Tea 3:00 Canine Friends</p>	<p>26 10:00 Exercise Balloon 10:45 Overhead Games 2:00 Walks & Tea 3:00 Pianist Mike Klinger</p>	<p>27 10:00 Full Body Fitness 10:45 Yarn & Stitch 1:30 Room Visits/Walking 2:00 Movie: The Parent Trap</p>
<p>28 10:00 Exercise Balloon 10:45 Scrabble 2:00 Snacks & Trivia 3:00 First Baptist</p>	<p>29 10:00 Exercise Balloon 1:00 Shelby Visits 1:30 Sherwood Spring Cleaning Organizing</p>	<p>30 10:00 Full Body Fitness 10:45 Spring Cleaning 1:00 Second Chance Store 3:00 Buck Ellard</p>	<p>31 Sherwood Spring Cleaning Sale: 10:00 Buck Holders Only 1:30 All Residents 3:30 Open to Employees</p>	<p><u>Happy Birthday:</u> 2nd MaryAnn L. 3rd Arelyne S. 8th Lorraine S. 9th Minnie H. 12th Alice V. 15th Bill C. 19th Mary O. 19th Arden K. 22nd Gloria R. 22nd Tren W. 25th Jim R. 27th Doreen L. 29th Gladys O. 30th Ethel S.</p>		