



# Sherwood Assisted Living

# ALC Activity Room

# May



Sunday      Monday      Tuesday      Wednesday      Thursday      Friday      Saturday

<p><b>Key:</b> VO = Van Outing L = Library K = Kensington Room FR = Friendship Room L = Library C = Cascade Room AR= Activity Room</p>	<p>1 10:00 Hot Potato <b>10:45 May Baskets</b> <b>2:00 May Day Celebration King &amp; Queen</b> <b>3:00 Spoon Lesson With Laff Pack</b></p> 	<p>2 9:30 Walkee Talkee 10:00 Full Body Fitness <b>10:45 Resident Council Meeting</b> 1:00 Second Chance Store <b>2:00 Tai Ji Quan – Balance Training</b> 3:00 Sit &amp; Tap Class</p>	<p>3 9:30 Walkee Talkee 10:00 Full Body Fitness <b>10:45 Scenic Van Ride (VO)</b> <b>2:00 Shop Walmart (VO)</b> 3:30 Whoga (C)</p>	<p>4 <b>9:45 Mason’s Coffee Klatch (VO)</b> <b>9:30 St. Luke’s Episcopal Church Service (K)</b> <b>10:30 Eagle International Ministries Sing-a-long</b> 1:00 Second Chance Store <b>2-4 In-Room Visit</b> 2:00 Reader’s Theatre <b>3:00 Tai Ji Quan –Balance Training (K)</b></p>	<p>5 <b>Cinco De Mayo</b> 9:30 Full Body Fitness <b>10:30 Communion Service (K)</b> <b>12-1 Dining Room Games</b> <b>1:00-3:00 Share Your Story Group; taste treat Chips &amp; Salsa (C)</b> <b>3:30 Wa. Old Time Fiddlers</b></p>	<p>6 9:30 Walkee Talkee 10:00 Exercise Balloon <b>10:45 A Swedish Dubbelmossa &amp; Scarf (Yarn &amp; Stitch group)</b> <b>1:00 Seven Brides for Seven Brothers Operetta \$15.00 (VO)</b> 4:00 Bible Study with Betty (FR)</p>
<p>7 10:00 Exercise Balloon 10:45 Scrabble <b>1:30 Movie &amp; Popcorn “Cats and Dogs”</b></p>	<p>8 9:30 Walkee Talkee 10:00 Hot Potato 11:00 Overhead Games <b>2-3:00 Shelby Visits Rooms</b> <b>2:00 Sherwood Choir Practice</b> 2:30 Whoga (C)</p>	<p>9 9:15 Full Body Fitness <b>10:00 Watercolor with Bonita</b> 1:00 Second Chance Store 1:15 Tai Ji Quan – Balance Training (K) <b>2:30 Walmart Vision Center Outreach (C)</b> 2:15 Sit &amp; Tap Class 3:00 Laff Pack</p>	<p>10 9:30 Walkee Talkee 10:00 Full Body Fitness <b>10:45 Scenic Van Ride (VO)</b> <b>2:00 Glass Craft for Mothers’ Day Party</b> <b>3:00 The Old Sidekicks</b></p>	<p>11 Library Outreach <b>9:45 Mason’s Coffee Klatch (VO)</b> <b>10:15 PA Fine Art Center “Clark Mundy” &amp; Lunch (VO)</b> 1:00 Second Chance Store <b>1-2:45 Karaoke with Patty</b> 3:00 Tai Ji Quan –Balance Training (K)</p>	<p>12 9:30 Walkee Talkee 10:00 Full Body Fitness <b>11:00 Men’s Club Hot Fudge Sunday</b> <b>12-1 Dining Room Games</b> <b>2:00 The Messengers</b> 3:00 Phase 10</p>	<p>13 <b>11:15 Irrigation Festival Parade (VO)</b>  <b>1:30 Project Linus</b> 4:00 Bible Study with Betty (FR)</p>
<p>14 <b>Happy Mother’s Day</b> <b>10:00 Balloon Exercise (K)</b> <b>2:30 Mother’s Day Tea</b></p> 	<p>15 <b>10:00 Creative Writing with Judy</b> <b>1:45 Sr. Moments</b> 3:00 Sherwood Choir Practice 3:30 Whoga (C)</p>	<p>16 10:00 Full Body Fitness <b>10:45 Parliament of Owls Bird Watch at Three Crabs (VO)</b> 1:00 Second Chance Store 1:15 Tai Ji Quan – Balance Training 2:15 Sit &amp; Tap Class <b>3:00 Advanced Watercolor with Bonita</b></p>	<p>17 9:30 Walkee Talkee 10:00 Full Body Fitness 10:45 Skipbo <b>1:30 Basket Weaving Class</b> <b>3:00 Scenic Van Ride (VO)</b></p>	<p>18 <b>9:30 St. Luke’s Episcopal Church Service (K)</b> <b>9:45 Mason’s Coffee Klatch (VO)</b> 10:00 Full Body Fitness 10:45 Birthday Bingo 1:00 Second Chance Store <b>1-2:30 In-Room Visit</b> 2:00 Readers Theatre <b>3:00 Tai Ji Quan –Balance Training (K)</b> <b>3:00 Silver and Gold Birthday Party</b></p>	<p>19 9:30 Walkee Talkee 10:00 Full Body Fitness <b>10:30 Two Sweet Violins</b> <b>12-1 Dining Room Games</b> 1:00 Phase 10 <b>2:30 Senior Singers</b></p>	<p>20 <b>Armed Forces Day</b> 9:30 Walkee Talkee 10:00 Exercise Balloon 10:45 Yarn &amp; Stitch Club (L) <b>1-3:00 In-Room Visit (Vets)</b> <b>3:00 Seventh Day Adventist Musical Sharing</b> 4:00 Bible Study with Betty (FR)</p>
<p>21 10:00 Exercise Balloon 10:45 Scrabble <b>1:00 Sequim Accordion Social (VO)</b></p>	<p>22 9:30 Walkee Talkee 10:00 Hot Potato 11:00 Overhead Games <b>2:00 Sherwood Choir Practice</b> <b>2-3 Shelby Visits Rooms</b> <b>3:00 Celebration Singers</b></p>	<p>23 <b>8:00 Northwest Trek (VO)</b> </p>	<p>24 9:30 Walkee Talkee 10:00 Full Body Fitness <b>10:45 Scenic Van Ride (VO)</b> <b>2:30 Doll Show</b> </p>	<p>25 Library Outreach <b>9:45 Mason’s Coffee Klatch (VO)</b> 10:00 Full Body Fitness 10:45 Birthday Bingo 1:00 Second Chance Store <b>1-2:30 In-Room Visit</b> 2:00 Readers Theatre <b>3:00 Canine Friends</b> 3:00 Tai Ji Quan –Balance Training (k)</p>	<p>26 9:30 Walkee Talkee 10:00 Full Body Fitness <b>11:00 Men’s Club Hot Fudge Sunday</b> <b>12-1 Dining Room Games</b> 1:00 Phase 10 <b>2:00 Beverage &amp; Conversation</b> <b>3:00 Mike Klinger on Piano</b></p>	<p>27 9:30 Walkee Talkee 10:00 Exercise Balloon 10:45 Yarn &amp; Stitch Club (L) <b>1-3:45 In-Room Visit</b> 3:00 Whoga (C) 4:00 Bible Study with Betty (FR)</p>
<p>28 10:00 Exercise Balloon 10:45 Scrabble 2:00 Ice Cream and Trivia <b>3:00 First Baptist Church</b></p>	<p>29 <b>Memorial Day</b> </p>	<p>30 <b>10:00 Paint with Dani</b> 1:00 Second Chance Store <b>2:00 Buck Ellard</b> 3:30 Tai Ji Quan – Balance Training</p>	<p>31 9:30 Walkee Talkee 10:00 Full Body Fitness 10:45 Uno 2:00 Skipbo <b>3:00 Choral Belles</b></p>	<p><b>Happy Birthday:</b> Phyllis Hassinger 5/5 Lorraine Schouten 5/6 Esther Nelson 5/14 Ro Weber 5/31</p> 		