




Sherwood Assisted Living

April 2017

Sun	Mon	Tue	Wed	Thurs	Fri	Sat
<p>Key: (C) Cascade Rm (L) Library (K) Kensington Rm (VO) Van Outing sign up at Nurses Station</p>				<p>Happy Birthday: </p> <p>Fran Hill 4/1 Kathy Spilker 4/9 Loris Hendrickson 4/15</p>		<p>1 April Fool's Day 9:30 Walkee Talkee 10:00 Exercise Balloon 10:45 Yarn & Stitch Club (L) 1-3:45 In-Room Visit 2:00 Bible Study with Betty (FR) 3:15 Whoga (C)</p>
<p>2 10:00 Exercise Balloon 10:45 Scrabble 2:00 Ice Cream and Trivia 3:00 Spelling Bee</p>	<p>3 9:30 Walkee Talkee 10:00 Exercise Balloon 11:00 Overhead Games 2:00 Sherwood Choir Practice 2-3 Shelby Visits Rooms 3:00 Whoga (C)</p>	<p>4 9:30 Walkee Talkee 10:00 Full Body Fitness 10:45 Resident Council Meeting 1:00 Second Chance Store 2-2:45 Sit & Tap with Marianne 3:00 Tai Ji Quan – Balance Training <u>March Madness Winners Announced!</u></p>	<p>5 9:30 Walkee Talkee 10:00 Full Body Fitness 10:45 Scenic Van Ride (VO) 2:00 Shop Walmart (VO) 3:30 Whoga (C)</p>	<p>6 9:45 Mason's Coffee Klatch (VO) 9:30 St. Luke's Episcopal Church Service (K) 10:30 Eagle International Ministries Sing-a-long 1:00 Second Chance Store 2-5 In-Room Visit 2:00 Reader's Theatre 3:00 Tai Ji Quan – Balance Training (K) 6:30 Bells Angels Spring Concert</p>	<p>7 9:30 Full Body Fitness 10:30 Catholic Mass (K) 12-1 Dining Room Games 1:00-3:00 Share Your Story Group (C) 3:30 Wa. Old Time Fiddlers</p>	<p>8 9:30 Walkee Talkee 10:00 Exercise Balloon 10:45 Yarn & Stitch Club (L) 1-3:45 In-Room Visit 1:30 Project Linus 3:15 Whoga (C) 4:00 Bible Study with Betty (FR)</p>
<p>9 10:00 Exercise Balloon 10:45 Scrabble 2:00 Ice Cream and Trivia 3:00 Assembly of God (K)</p>	<p>10 9:30 Walkee Talkee 10:00 Exercise Balloon 11:00 Overhead Games 2-3:00 Shelby Visits Rooms 2:00 Sherwood Choir Practice 2:30 Whoga (C) 3:00 The Secords</p>	<p>11 9:15 Full Body Fitness 10:00 Watercolor with Bonita 1:00 Second Chance Store 2:00 Sit & Tap with Marianne 2:30 Walmart Vision Center Ourtreach (C) 3:00 Laff Pack ALC 3:00 Tai Ji Quan – Balance Training (K)</p>	<p>12 9:30 Scenic Van Ride & Lunch Out at Halfway House– Whitney Gardens for Rhododendron's In Bloom 3:00 The Old Sidekicks</p>	<p>13 Library Outreach 9:45 Mason's Coffee Klatch (VO) 10:00 Full Body Fitness 10:45 Birthday Bingo 1:00 Second Chance Store 2-2:45 In-Room Visit 2:00 Readers Theatre 2:45 Karaoke with Patty 3:00 Tai Ji Quan – Balance Training (K) 4-5 Room Visits</p>	<p>14 9:30 Walkee Talkee 10:00 Full Body Fitness 11:00 Men's Coffee Club 12-1 Dining Room Games 2:00 Skipbo 3:00 Phase 10</p>	<p>15 9:30 Walkee Talkee 10:00 Exercise Balloon 10:45 Yarn & Stitch Club (L) 1-3:45 In-Room Visit 2:00 Bible Study with Betty (FR) 3:00 Whoga</p>
<p>16 EASTER 10:30 Hip Hop Party 1:30 Over the River and Through The Woods, OTA (VO) \$16.00 3:00 Vineyard Church Service</p> 	<p>17 10:00 Creative Writing with Judy 1:45 Sr. Moments 3:00 Sherwood Choir Practice 3:30 Whoga (C)</p>	<p>18 10:00 Full Body Fitness 10:45 Cindy Fullwiler Wildlife Photographer (Parliament of Owls) 1:00 Second Chance Store 2-2:45 Sit & Tap with Marianne 3:00 Advanced Watercolor with Bonita 3:00 Tai Ji Quan – Balance Training (C)</p>	<p>19 12:00 Volunteer luncheon 3:00 The Loves 4:00 Pizza Party Dominoes Pizza \$8.00</p>	<p>20 Library Outreach 9:30 St. Luke's Episcopal Church Service (K) 9:45 Mason's Coffee Klatch (VO) 10:00 Full Body Fitness AR) 10:45 Birthday Bingo 1:00 Second Chance Store 1-2:45 In-Room Visit 2:00 Readers Theatre 3:00 Tai Ji Quan – Balance Training (K) 3:00 Silver and Gold Birthday Party 4-5 Room Visits</p>	<p>21 9:30 Walkee Talkee 10:00 Full Body Fitness 10:30 Two Sweet Violins 12-1 Dining Room Games 1:00 Phase 10 2:30 Senior Singers 3:30 Dice</p>	<p>22 Earth Day 9:00 Port Angeles Symphony 7 Out to lunch at Downriggers (VO) 4:00 Bible Study with Betty (FR)</p>
<p>23 10:00 Exercise Balloon 10:45 Scrabble 2:00 Ice Cream and Trivia 3:00 Faith Baptist Church</p>	<p>24 9:30 Walkee Talkee 10:00 Exercise Balloon 11:00 Overhead Games 2:00 Sherwood Choir Practice 2-3 Shelby Visits Rooms 3:00 Whoga (C)</p>	<p>25 10:00 Paint with Carrie 1:00 Second Chance Store 2:00 Buck Ellard 3:30 Tai Ji Quan – Balance Training</p>	<p>26 9:30 Walkee Talkee 10:00 Full Body Fitness 10:45 Uno 2:00 Whoga (C) 3:00 Mary Brown's Piano Student Recital</p>	<p>27 9:45 Mason's Coffee Klatch (VO) 10:00 Full Body Fitness 10:45 Birthday Bingo 1:00 Second Chance Store 2-5 In-Room Visit 2:00 Readers Theatre 3:00 Canine Friends 3:00 Tai Ji Quan – Balance Training (k)</p>	<p>28 9:30 Walkee Talkee 10:00 Full Body Fitness 10:00 Jim Smith on Guitar 12-1 Dining Room Games 1:00 Phase 10 2:00 Skipbo 3:00 Phase 10 © 4-5 In-Room Visit</p>	<p>29 9:30 Walkee Talkee 10:00 Exercise Balloon 10:45 Yarn & Stitch Club (L) 1-3:45 In-Room Visit 3:00 Seventh Day Adventist Musical Sharing 4:00 Bible Study with Betty (FR)</p>
<p>30 10:00 Exercise Balloon 10:45 Scrabble 2:00 Ice Cream / Trivia 3:00 Vineyard Church</p>						